

PARENT INFORMATION

COMMONWEALTH FIGURE SKATING CLUB

US Figure Skating Association Basic Skills Learn to Skate Program

Welcome to the 74th season of the Commonwealth Figure Skating Club! This season we will be offering our United States Figure Skating Association Basic Skills Learn to Skate Program at the **Zapustas Ice Rink in Randolph** and at the **Ulin Ice Rink in Milton**. The USFS Basic Skills Program is appropriate for ALL beginning skaters, as well as for those skaters who wish to improve and advance basic skating skills already learned. Our classes are for ages four to adult, whether they plan to pursue figure skating, ice hockey or recreational skating.

CLASS SCHEDULE (two location options):

Saturday, 10:00 to 11:00 a.m. at Zapustas Ice Rink in Randolph **OR**

Saturday, 3:00 to 3:50 p.m. at Ulin Ice Rink in Milton

TERM	TERM DATES	NO SKATE DATES
FALL	9/24/11-11/12/11	
WINTER	11/19/11-1/28/12	11/26, 12/24, 12/31
SPRING	2/4/12-4/7/12	2/11, 2/25

INSTRUCTION

Commonwealth Figure Skating Club's Learn to Skate program is lead by US Figure Skating Association-certified professional coaches with support from qualified CFSC members. The program is designed to maintain low skater-to-instructor ratios. Each class includes 30 minutes of small group instruction (skaters grouped by skating level), with the remainder of the class time open for free skate/self-guided practice. For an additional fee, Commonwealth Figure Skating Club professional coaches are also available for private or semi-private lessons during the second half of the session.

REGISTRATION/COST

Registration for our Learn to Skate Term opens on the first class date. Please arrive 30 minutes early in order to complete registration. The cost for each eight-week term will be \$160, which includes a one-time \$12 USFS Basic Skills Program registration fee that covers the entire ice season.

There will be a \$15 Family Discount for the second and each additional skater(s) in a family for each term. The USFS Basic Skills Program Registration Fee will be credited from the total term cost for skaters enrolling for subsequent terms. Payment may be by check (preferred) or cash.

Registration will be open throughout each term. There will be no refunds after beginning the second skating date. Late registration will be pro-rated by \$15 per ice date. We reserve the right to defer registration for very young skaters who may not be mature enough to participate in our group lessons.

Helpful Information for Our Skating Families

- **For your child's safety, a parent or responsible adult must remain in the rink with the skater during Learn to Skate lessons at all times.**
- **Parents are not allowed on the ice for safety and liability reasons.** If you have a concern about your child while on the ice, please bring this concern to the attention of the Learn to Skate Director, Assistants, and/or coaches/instructors and we will bring your child to you.
- **All skaters must wear helmets while on the ice.** Bicycle helmets are okay to use. Please make sure that your skater's helmet fits properly **before** he or she takes the ice. Warm clothing and gloves or mittens are strongly suggested. No double runner skates are allowed.
- **Skaters may use figure skates, recreational skates, or hockey skates.** Suggestions for local shops to check out for purchasing skates are Play It Again Sports in Dedham, Sports Authority, Dick's Sporting Goods, LL Bean.
- **Please get your skates sharpened before using them for the first time.** Even brand new skates right out of the box need a professional sharpening before use. The Zapustas and Ulin Rinks both have skate sharpening services (please check with rink staff for availability) or some stores may provide these services.
- **Private Lessons.** We make every effort to provide your skater with some individual attention during our Group Lessons. However, if you would like your skater to receive one on one instruction, private lessons with Commonwealth Figure Skating Club Professional Coaches is offered on a **first come, first served basis, as available** during the free skate portion of Learn to Skate class. Fee and Payment for these lessons is arranged directly with each Coach. Please speak with the Learn to Skate Director to determine coach availability.
- **Loop League Membership.** We encourage skaters who have passed Basic 3 and above who wish to take their love of skating to a higher level to consider a membership in Commonwealth Figure Skating Club's Loop League. This is an introductory, junior membership for one season in the Commonwealth Figure Skating Club. Loop League members contract for one skating session per week at designated times on Club ice with the full club members. Loop League members must arrange for a minimum of a 15-minute private lesson with a Commonwealth Figure Skating Club Professional Coach during their contracted ice session each week. Options to pick-up additional designated ice sessions are available as long as the Loop League member has made arrangements with a coach for a lesson during the ice time. Loop League members are eligible to participate in the Loop League number in our annual Ice Capers Show.

Contact Us

Commonwealth Figure Skating Club is a section 501(c)(3) Massachusetts non-profit corporation run entirely by volunteers. We do not work for the Towns of Randolph or Milton or for the Zapustas or Ulin ice rinks. As such, we are not at the ice rinks 24/7. If you have any questions about the Club or its offerings, please email us at board@commonwealthfsc.com and we will do our best to respond to you quickly.

The best source for getting information about our Learn to Skate Sessions and registration, ice schedules, and other general Club news is our website www.commonwealthfsc.com.

We look forward to seeing you at our Learn to Skate Programs!